

REGISTRATION FORM

Participant Information:

Name _____

DOB _____ Gender _____ Age _____

Address _____

City _____ Zip _____

Phone Number _____

Contact Person Information:

Name _____

Phone _____ Cell Home Work _____

Email _____

DOB _____

CLASS (select one): MONTH _____

Parent/Child Tues & Thurs Saturday

Preschool Tues & Thurs Saturday

School Age Tues & Thurs Saturday

Teen/Adult Mon & Wed Saturday

Registration Rates:

Member 8 Classes 4 Classes

Community 8 Classes 4 Classes

MAKE A DIFFERENCE IN YOUR COMMUNITY

If you are looking for a way to make a difference in your community as well as a way to advertise your business, consider sponsoring the YMCA Aquatics Department!

Parent/Guardian

Date

Updated 9/22/2017

YMCA OF THE PALM BEACHES
2085 S. Congress Avenue
West Palm Beach, FL 33406



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FUN! WITH A SPLASH OF CONFIDENCE

GROUP SWIM LESSONS



**NEW
CLASSES!**

YMCA OF THE PALM BEACHES
2085 S. Congress Avenue
West Palm Beach, FL 33406
561.968.9622

GROUP SWIM LESSONS

BE CONFIDENT. BE SAFE. HAVE FUN!

Learn the basics of swimming or enhance

PROGRAM FEES:

Monday & Wednesday Classes

8 Classes per month

Member Rate: \$60

Community Participant Rate: \$95

Tuesday & Thursday Classes

8 Classes per month

Member Rate: \$60

Community Participant Rate: \$95

Saturday Classes

4 Classes per month

Member Rate: \$35

Community Participant Rate: \$65

IMPORTANT INFORMATION:

- Parent/Guardian is required to sign child in and out of lesson with designated instructor
- The YMCA guarantees 7 of 8 lessons per month due to inclement weather
- Class space is limited
- Minimum of 3 participants must register per class in order to hold the session
- Re-registration for swim lessons prior to end of month must have instructor signature to move up in class

BENEFITS OF SWIM LESSONS:

Low instructor:student ratio . Personal Attention . Variety of Classes to meet your schedule

PARENT/CHILD (6 months - 3 years)

	TUES & THURS	SATURDAY
WATER DISCOVERY	12:15-12:45p	10:10-10:40a 10:45-11:15a
WATER EXPLORATION	12:15-12:45p	9:35-10:05a



PRESCHOOL (3 - 5 years)

	TUES & THURS	SATURDAY
1 - WATER ACCLIMATION	4:35-5:05p	9:00-9:30a
2 - WATER MOVEMENT	5:10-5:40p	9:00-9:30a
3 - WATER STAMINA	4:35-5:05p	9:00-9:30a
4 - STROKE INTRODUCTION	6:15-7:00p	11:20-11:50a

FOR MORE INFORMATION

Yarelis Leon

Aquatics Coordinator

ysosa@ymcapalmbeaches.org

561.968.9622

SCHOOL AGE (6 - 12 years)

	MON & WED	SATURDAY
1 - WATER ACCLIMATION	4:45-5:30p	9:00-9:45a
2 - WATER MOVEMENT	4:00-4:45p	9:45-10:30a 11:15-12:00p
3 - WATER STAMINA	5:30-6:15p	10:30-11:15a 12:00-12:45p
4 - STROKE INTRODUCTION	4:00-4:45p	10:30-11:15a 12:00-12:45p
5 - STROKE DEVELOPMENT	5:30-6:15p	11:15-12:00p
6 - STROKE MECHANICS	4:45-5:30p	9:45-10:30a
TEAM YMCA	6:15-7:15p	

TEEN/ADULT (13 and up)

	MON & WED	SATURDAY
ALL LEVELS	6:15-7:00p	12:00-12:45p