



THE CENTER FOR FAMILY SERVICES  
OF PALM BEACH COUNTY, INC.

# ANNUAL REPORT

2008-2009





Dorla Leslie



Jean Meisenzahl

## Message from the Executive Director and Board Chairman

*As we embark on another year of service to Palm Beach County residents, we continue our mission of strengthening families through counseling, education and homeless intervention with renewed vigor.*

*Palm Beach County still suffers from economic turmoil; however, we are continuing to make life-changing strides for those whom we serve in our community. The Center for Family Services remains on the front lines, providing counseling to those that are experiencing stress, homeless prevention services to those affected by layoffs and foreclosures and early childhood education services to assist parents in bonding with their children, thereby laying the foundation for future success.*

*The Center for Family Services is grateful for the generosity of our partners, funders and staff who support us as we have given 48 years of dedicated service promoting the well-being of families and children in need.*

*Dorla Leslie*  
EXECUTIVE DIRECTOR

*Jean Meisenzahl*  
BOARD CHAIRMAN

## 2008-2009 BOARD OF DIRECTORS

- |                          |                            |
|--------------------------|----------------------------|
| <i>Kathryn Beamer</i>    | <i>Anthony Marino, Jr.</i> |
| <i>Michael Dixon</i>     | <i>Jean Meisenzahl</i>     |
| <i>Elizabeth Erdmann</i> | <i>Karen Swanson</i>       |
| <i>Scott Greenberg</i>   | <i>Peter Wellman</i>       |
| <i>Richard Levine</i>    | <i>Jeanmarie Whalen</i>    |



THE CENTER FOR FAMILY SERVICES  
OF PALM BEACH COUNTY, INC.

## Mission Statement

*Strengthening families through counseling,  
education and homeless intervention.*



## OUR PROGRAMS

### HOMELESS INTERVENTION

#### **PAT REEVES VILLAGE – PROGRAM REACH** **Emergency Shelter and Services for Homeless Families**

Pat Reeves Village/Program REACH is a member of a collaborative of service providers representing a continuum of care for the homeless and homeless at-risk in Palm Beach County. Pat Reeves Village is an emergency shelter for homeless families with dependent children and is staffed 24 hours a day, 7 days a week. Families in the shelter are part of a structured, supportive program that includes crisis counseling provided by The Center. Residents with other needs are linked with collaborative agencies, after-school tutoring by Palm Beach County School District teachers is provided to children at the shelter, and families receive budgeting and employment counseling. CFS also operates Program REACH which provides temporary emergency shelter in area motels for homeless families. For people at imminent risk of homelessness, this program provides food vouchers, assistance with rent, mortgage and utilities. We also provide relocation assistance (Traveler's Aid) for individuals who are stranded to return to their out-of-town families. Referrals, food, clothing and personal hygiene items are provided to the homeless and at-risk served by both programs.

#### **In 2008- 09, Pat Reeves Village/Program REACH provided:**

- **Over 15,000 adults and children with basic services including shelter, food and clothing**
- **Over 20,000 nights of shelter assistance**
- **Over 15,000 referrals to link individuals and families to community resources**
- **More than 10,000 meals**
- **More than 3,000 transportation passes**

## OUR PROGRAMS

### COUNSELING

#### INDIVIDUAL AND FAMILY COUNSELING PROGRAM

The Individual and Family Counseling Program offers professional and confidential mental health counseling to individuals, families and children on an outpatient basis to assist with various problems including marital issues, family discord, substance abuse, domestic violence, grief and loss, trauma, depression, anxiety, and life transitions. The program helps individuals and families build upon their strengths and resources to develop strong social relationships, improve coping skills, lead satisfying, productive lives and gain knowledge of how to access necessary services.

**In 2008-09, the Counseling Program served 888 clients and provided 4,032 hours of counseling.**

#### EMPLOYEE ASSISTANCE PROGRAM

The Employee Assistance Program, *Life Enrichment EAP*, provides assessment, referral and brief solution-focused therapy. The goal of the EAP Program is to help employees find solutions to problems and issues that prevent them from being fully productive and effective in both their work and life. EAP also provides consultative services to managers and human resource personnel on workforce issues, Department of Transportation compliance and Drug-Free Workplace programs. Our EAP staff develops and presents topics that include leadership training, supervisory training, balancing work and family, conflict resolution, Job Performance Appraisals as a management tool, and other workforce issues.

**In 2008-09, EAP served 337 clients and provided 1,355 hours of counseling.**

#### RECOVERY PROGRAM - Substance Abuse Treatment Services

CFS' Recovery Program provides the county's adults, adolescents and families with access to multi-level substance abuse treatment services tailored to meet their needs. We provide intervention, substance abuse education, crisis intervention, professional consultation, substance abuse assessment, case management, group, individual and family therapy aimed at breaking the cycle of addiction. The program utilizes an Early Intervention Program Model (EIP) to assist individuals and families in breaking the life-threatening cycle of chemical dependency. We collaborate with community stakeholders such as schools, law enforcement, state and county probation, traffic schools, the public defender's office and the county criminal and misdemeanor courts. The program is licensed through the Florida Department of Children and Families, Office of Alcohol, Drug and Mental Health (ADM), for District # 9 to provide substance abuse treatment services for adults and adolescents. All services are provided by professionally trained, licensed (or license eligible) clinicians, or Certified Addiction Professionals (CAP).

**In 2008-09, the Recovery Program served 315 individuals and provided 3,055 hours of counseling.**

#### PARTNERS FOR CHANGE

The Partners for Change project is an innovative, research based psychotherapy service designed around a Client-Directed, Outcome-Informed Therapy™ framework. The project serves adults who are experiencing problems with both substance use and co-occurring mental health issues. The program offers confidential outpatient therapy that recognizes client strengths and focuses on assisting clients to be successful with the goals they want to achieve. This unique approach views clients as valued partners in the change process and offers a systematic real-time outcome measurement process that maximizes effectiveness. Our staff are licensed, certified psychotherapists with graduate degrees and trained in a variety of research-based therapies in addition to the CDOI therapy approach. The project is state licensed and funded through the Department of Children and Families District 9 Substance Abuse and Mental Health office.

**In 2008-09, Partners for Change served 269 clients and provided 4,543 hours of counseling/services.**

## OUR PROGRAMS

### SAFE KIDS PROGRAM Stop Abuse by Family Empowerment

SAFE Kids program is the only officially recognized Sexual Abuse Treatment Program (SATP) in Palm Beach County by the Florida Department of Health, Children's Medical Services. With more than 10,000 calls to our county's abuse hotline annually, and 1,200 of those reported as sexual maltreatment in nature, SAFE Kids provides a much-needed service in our community by helping adults molested as children, as well as children, their siblings, and parents learn ways to keep themselves safe and find ways to cope effectively with traumatic events. We provide therapy and advocacy for children and adults who are victims of sexual abuse, physical abuse, neglect, domestic violence, and/or other crimes. A team of qualified therapists, who are designated as Victim Services Practitioners through the Office of the Attorney General, provide comprehensive safety planning as well as various forms of play and activity to engage children as young as three in expressing their feelings. SAFE Kids partners with local experts in the areas of Play Therapy, Clinical Sexology, and Child & Adolescent Psychiatry to receive specialized training and support that enhance the provision of services to this vulnerable population. **In 2008-09, SAFE Kids served 359 children and adults and provided 2,508 hours of mental health counseling, crisis intervention, and advocacy.**

### EARLY CHILDHOOD EDUCATION

#### PARENTING SMART BABIES

Parenting Smart Babies (PSB) specializes in strengthening the social and emotional bond between infants and their parents and/or caregivers by showing families a myriad of fascinating ways to stimulate their child's amazing brain. Participants are given the tools to help them gain confidence in their ability to care for their baby. Meaningful interaction between caregivers and babies of all ages has a profound impact on a child's social, psychological, emotional and intellectual development. The more caregivers know about their baby's brain and developmental milestones, the more successful that child will be. Participants are given the opportunity to be linked to other community resources, offered monthly parent support meetings, family outings and program-sponsored events. PSB is free and available to families who live in Lake Worth (zip codes 33460, 33461, 33463). PSB serves families whose children are age 0-3 years. All families must first be screened and deemed eligible for PSB. Participants may be, at the earliest, in their second trimester of pregnancy or already have a child who is age 27 months or younger. Eligible children must be cared for at home, rather than in a child-care setting. Families must speak English or Spanish and be available for home visits. An Infant Toddler Developmental Specialist contracted through Early Steps will modify the curriculum to fit the needs of children with identified developmental disabilities. PSB is part of the Healthy Beginnings System of Care with the Children's Services Council. **In 2008-09, Parenting Smart Babies served 129 children in 117 families.**

#### HIPPY Home Instruction for Parents of Preschool Youngsters

HIPPY is an instructional home-based program designed to help parents learn how to teach their three, four, and five-year old children. Parents are empowered to be their children's first teachers and create an educational environment in the home that promotes literacy. HIPPY is a proven alternative to universal pre-kindergarten and an excellent source for school readiness. HIPPY includes age appropriate intervention activities, which pursue the best interests of the child while encouraging a family commitment to fostering school readiness skills. The program is the largest in the State of Florida, placing Florida second on a national and international scale. There are five sites in Palm Beach County serving fourteen geographical areas: West Palm Beach, Westgate, Pleasant City, Riviera Beach, Lake Worth, Boca Raton, Boynton, Delray Beach, Moore Haven, Clewiston, Immokalee, South Bay, Pahokee and Belle Glade. All our HIPPY sites were awarded Stellar Program Status by HIPPY USA for performing exemplary service to families and children. In 2009, The Center for Family Services' HIPPY Program became a part of the Children's Services Healthy Beginnings Program. **In 2008-09, HIPPY served 717 children from 699 families. 157 five-year olds graduated in June '09 with the skills necessary to succeed in school.**



THE CENTER FOR FAMILY SERVICES  
OF PALM BEACH COUNTY, INC.



# Season in Review

## Golf Classic 2009

### The Benjamin School



Photo by: Meghan Mayo

(From left) Dalton Knecht, Haley Kolaczynski, Katie Domnick, Nicole Huhn, Casey Pearce

The Benjamin School's Community Service Program and its students have taken a great interest in The Center and what it's doing for families and children in need in our community.

The Benjamin School held a very successful food drive, with over 350 lbs. of non-perishable food collected for the food pantry at Pat Reeves Village, The Center's emergency shelter for homeless families with children. The students also recently conducted a "Necessities Drive" for the shelter collecting personal hygiene items, linens, baby items, clothing/shoes as well as food. The Village provides shelter, food, clothing, transportation passes, counseling, budgeting and case management in assisting families to regain their self-sufficiency through permanent or transitional housing.

Benjamin's Community Service Program strives to teach children how to apply knowledge and interactive skills to address important school and community needs. By doing that, students discover new interests and abilities, they learn to work cooperatively and take leadership roles, and they learn the value of caring about and helping others.

### The Eleventh Annual Old Bags Luncheon



Photo by: Lucien Capehart

Old Bags Luncheon Amie Swan, George Hamilton, Erin McGould

The Eleventh Annual *Old Bags Luncheon* held at The Breakers on March 26th to benefit The Center for Family Services of Palm Beach County was a spectacular success, chaired by Amie Swan and Erin McGould with Mary Freitas as honorary chairwoman.

The event featured a champagne reception and magnificent silent auction of designer handbags and jewelry. Saks Fifth Avenue was the Platinum Corporate Benefactor and Tony Duquette for Saks Fifth Avenue Palm Beach was the Gold Corporate Benefactor, donating an 18 kt gold and citrine brooch for the grand raffle prize. Silent Auction Benefactors were Neiman Marcus and Harl Taylor BAG from Nassau, The Bahamas. Grand Benefactors were Erin and Sean McGould and Benefactors were Lisa and Peter Erdmann, Frances and Jeffrey Fisher and Sheryll and David Harkins. Platinum Patrons included Florence and Lawrence De George, Mary and Mark Freitas, Arlette and Robert Gordon, Suzy Minkoff, Kit and William Pannill, and Amie and Jack Swan.

During the luncheon George Hamilton dazzled nearly 400 guests with his light-heartedness and charm, sharing humorous anecdotes about his life and career. The event also highlighted a former client, who spoke about how The Center helped her regain her self-worth and dignity after being in a domestically abusive relationship. "This great organization has saved my life by giving me the tools to move on...to learn to love myself and others, knowing that no one can ever take that away from me again."



Photo by: Meghan Mayo

(From left) Peter Wellman, Michael LeFebre, Jean Meisenzahl, Joe Arrigo, Mallory Crossland, Artie Malaussena

The Center for Family Services of Palm Beach County held their third annual Golf Classic on June 5 at The Loxahatchee Club in Jupiter. More than 80 golfers participated in the event which raised \$70,000. The highlight of the day was Mallory Crossland landing a hole-in-one on Par 5!

The pre-event cocktail party and silent auction was sponsored by Ernst & Young LLP. The tournament was sponsored by The Baxter Foundation; Platinum Sponsor was Air Partner and other sponsors included Gloria H. Herman; 1st United Bank; The Himmel Foundation; Addison Development; Centurion Partners, LLC; Jim and Becky Dockter; David Gray; Chris and Vicki Hunkler; Terry and Shep Kaufman and Richard Levine. Wachovia Wealth Management (A Wells Fargo Company) donated Titleist Pro V1 balls for the players. The hole-in-one prize was sponsored by Arrigo Dodge Chrysler Jeep.

The committee included Jean Meisenzahl and Peter Wellman as co-chairs, Jon Colclasure, Carol Dixon, John Elder, Carol Geaney, Allison Greenberg, Scott Greenberg, Lauren Kesselman, Margo Kohlhoff, Jeff McDonald and Danielle Moerhle-Holvig.

### HIPPY Awareness Day

CFS held their Annual HIPPY (**Home Instruction for Parents of Preschool Youngsters**) event, "It's a Small World" recently at Gaines Park in West Palm Beach. DeMarchia Gibson, HIPPY's Program Director opened the event, followed by Dr. Mary Lindsey, Florida State HIPPY Director thanking the HIPPY staff for all their hard work. CFS' Executive Director Dorla Leslie concluded the event with words of congratulations to the parents and children, recognizing that our children are our focus and our future. Ms. Leslie thanked the funders of HIPPY for their support and dedication to ensuring that children in our community can enter school with the skills they need to succeed – Children's Services Council, Palm Beach County Board of County Commissioners and the University of South Florida.



Photo by: Meghan Mayo

Nishaud Joseph

More than 450 attendees enjoyed musical performances from around the world by three-to-five year olds, their parents and staff presented by HIPPY sites (Boca/Delray; Belle Glade/South Bay/Pahokee; Lake Worth/Boynton; Pleasant City/Riviera Beach; Roosevelt/Westgate) and enjoyed family entertainment, food and children's activities.

A ceremony was held for the first children in Palm Beach County to graduate from the Parenting Smart Babies Program. Nine three-year-olds "crossed over the bridge" from Parenting Smart Babies to the HIPPY program.

# The Center for Family Services of Palm Beach County, Inc.

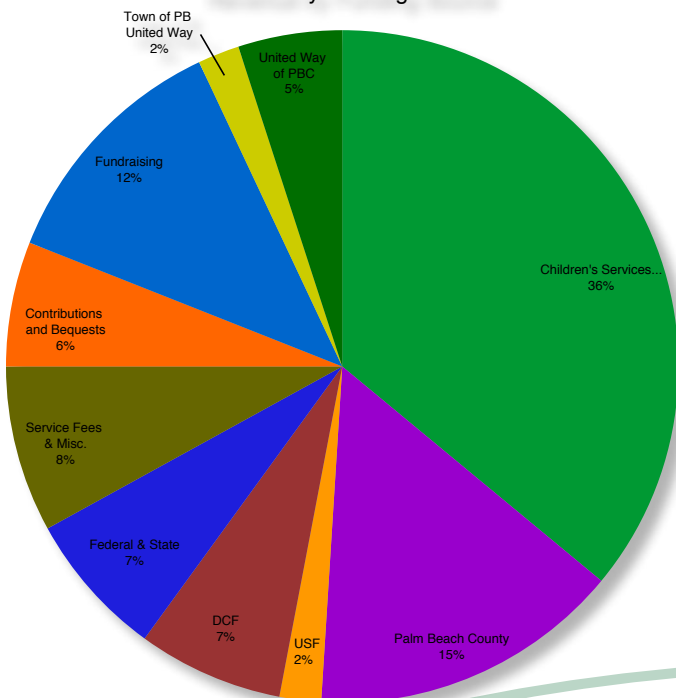
## STATEMENT OF FINANCIAL POSITION • June 30, 2009 and 2008

	<b>2009</b>	<b>2008</b>
Total Assets	2,540,310	2,722,893
Total Liabilities	871,900	980,478
Total Net Assets	1,668,410	1,742,415
<b>Total Liabilities and Net Assets</b>	<b>\$2,540,310</b>	<b>\$2,722,893</b>

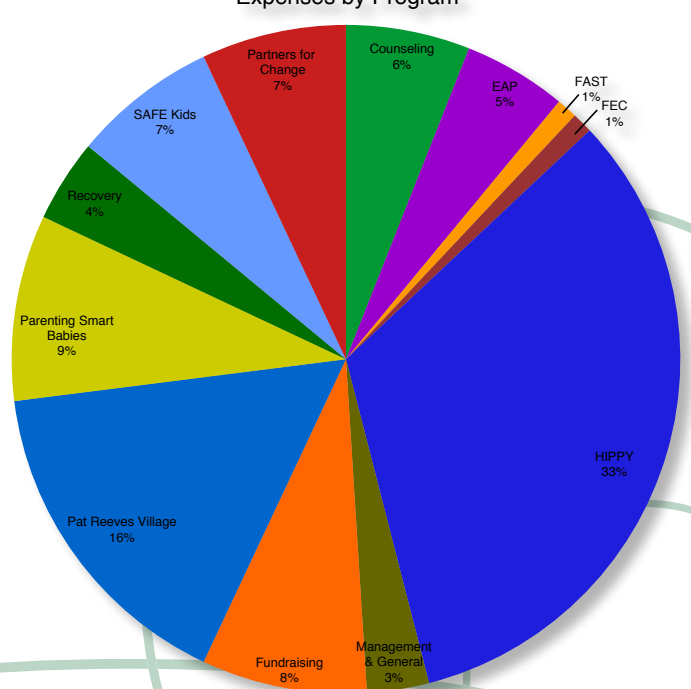
## STATEMENT OF ACTIVITIES

<b>Support and Revenues</b>	<b>2009</b>	<b>2008</b>
Contributions and Bequests	\$269,454	\$262,583
United Way Allocations	306,573	327,787
Governments Grants	3,040,656	2,925,157
Service Fees	585,039	539,374
Fundraising	371,878	597,612
Miscellaneous and Interest Income	523,447	5,081
<b>Total Support and Revenues</b>	<b>\$4,522,369</b>	<b>\$4,657,594</b>
<b>Expenses</b>		
Program	\$4,085,232	\$4,189,050
Management and General	145,517	160,909
Fundraising	365,625	359,751
<b>Total Expenses</b>	<b>\$4,596,374</b>	<b>\$4,709,710</b>
<b>Change in Net Assets</b>	<b>(74,005)</b>	<b>(52,116)</b>
Net Assets, Beginning of Year	1,742,415	1,794,531
<b>Net Assets, End of Year</b>	<b>\$1,668,410</b>	<b>\$1,742,415</b>

Revenue by Funding Source



Expenses by Program



## COUNSELING OFFERED AT TWO LOCATIONS

### Administrative Office

4101 Parker Avenue  
West Palm Beach, FL 33405  
561-616-1222  
561-616-1230 Fax

### Wellington

12773 West Forest Hill Boulevard, Suite 219  
Wellington, FL 33414  
561-793-1698  
561-795-7513 Fax

## OTHER LOCATIONS

### Boca Raton

4400 North Federal Highway, Suite 38  
Boca Raton, FL 33432  
561-330-2266  
561-330-2264 Fax

### Belle Glade

401 S.E. 2nd Street  
Belle Glade, FL 33430  
561-996-4400  
561-996-4440 Fax

### Lake Worth

1776 Lake Worth Road, Suite 103  
Lake Worth, FL 33460  
561-540-1012  
561-540-1014 Fax

### PAT REEVES VILLAGE Program REACH

1320 Henrietta Avenue  
West Palm Beach, FL 33401  
561-514-0564  
561-514-0648 Fax

## We Wish To Recognize and Thank Our Funding Partners

*Children's Services Council of Palm Beach County  
Department of Children & Families  
Emergency Food and Shelter Program (EFSP)  
Florida Department of Health Children's Medical Services  
Palm Beach County Board of County Commissioners  
Palm Beach County Department of Community Services  
Palm Beach County Housing and Community Development  
Town of Palm Beach United Way  
United Way of Palm Beach County  
University of South Florida  
Victims of Crime Act*

