

We Need Your Support!

Give

Your tax deductible gifts & contributions go directly to provide health care to the low income and underinsured in St. Lucie County.

Donate

Medical/dental supplies & tangible resources are utilized to support daily operations.

Volunteer

We continue to search for physicians, nurses, and other volunteers who have a stake in the health of St. Lucie County and will donate their time and talents to help those who cannot access services.

Patient Testimony

"This is a godsend. A great safety net. I have always had insurance, until now," said Melanie, HANDS patient 2011."

*HANDS is a public charity 501 (c) (3). It is supported by grants, corporate and individual gifts and contributions.
State of Florida Registration CH3 1056

Awards and Recognition

2011 Florida Children's Week
Community Innovation Award Recipient
2011 Scripps Treasure Coast Newspapers
Non-Profit Organization of the Year
2011 Healthcare Heroes Physician of the Year,
HANDS Medical Director, Dr. James Roberts

For more information about HANDS
visit us at: www.handsofslc.org



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HANDS Primary Care Clinic

Expanding Health Care in St. Lucie County



Bringing the Spectrum of Health Care Under One Roof

About Hands

HANDS Clinic is a project of the St. Lucie County Health Access Network, Inc., or HANDS, a 501(c)(3) charity*. We are an established family medical, vision, mental health, and dental clinic in St. Lucie County.

Mission

The HANDS mission is to provide health care services to the low-income, medically uninsured and underinsured people of St. Lucie County.

To accomplish this mission, HANDS provides:

- Access to health care for adults ages 18-65, preventing serious and costly consequences of undiagnosed and untreated illness (e.g. diabetes)
- Coordination of existing health services with patient navigation
- Coverage for gaps in health care services
- Education in Diabetes Care and Prevention
- Vision Care
- Mental Health Care

Background

HANDS grew from a few individuals trying to help people find services into a county-wide network of health providers, agencies, and volunteers dedicated to increasing healthcare access for low-income residents. HANDS has been incorporated since October 28, 2008 and has over 50 community and corporate partners.

To see if you qualify to be a patient, go to www.handsofslc.org

Medical

Primary healthcare services are an essential part of continuing health and well-being. Many people in need of medical attention lack health insurance and have nowhere to turn. They cannot afford to go to the doctor or hospital.

The HANDS Clinic collaborates with Network Physician and Hospital members to increase access to primary healthcare, reduce unnecessary emergency room visits, and provide disease management services to low-income adults in St. Lucie County.

Patient Prescription Program

An essential part of modern medical treatment is access to pharmaceuticals. Many drug companies have medicine available at no charge to those who can qualify but this process can be challenging to navigate. HANDS Patients will be assigned a Patient Navigator to help them secure any public assistance or reduced-cost medicine available. We work with patients and providers to simplify this process for patients who qualify.

Health Education

To increase awareness about disease management skills, the HANDS Clinic offers free health education classes. Our registered Nutritionists, and Diabetes Counselors will help you plan your meals and increase your likelihood for better health.

Intro to Diabetes Workshop

- 1 hour introduction to Diabetes for diabetics, family members, or caretakers

Chronic Disease Self-Management Course

- 2.5 hour classes, once a week for six weeks

Mobile Pediatric Dental Clinic

The need for essential dental services has never been greater. The lack of basic dental services for children and their families are negatively impacting our children's readiness to learn.

To address this, HANDS of St. Lucie County opened a mobile pediatric dental clinic that visits schools and summer camps, bringing services to more than 5,000 children annually. Our mobile clinic provides dental health education, dental screenings, and treatment for pre-school students through the second grade.

The HANDS Pediatric Dental Clinic project presents a collaborative way to contribute to the oral health of St. Lucie County children.

Adult Dental Clinic

New in 2012, HANDS opened the Adult Dental Clinic at its home on US 1 in Fort Pierce. The dental clinic serves adults ages 18-65 who are uninsured and underinsured residents of St. Lucie County. More than 20 local dentists are volunteering their time and staff to help get the uninsured smiling again.

Vision Care

HANDS provides patients with a referral to an on-site Ophthalmologist, for basic eye exams, to more complex issues like cataracts and glaucoma.

Mental Health

Our HANDS Psychologist will see qualifying patients as needed for counseling. Our physicians may determine a patient's need to be referred to our Network Partners for long-term care or medicine management.