B E T H E S D A  L I F E

TEAMWORK

precision

Delicate 10-hour brain surgery saves the life of a Boynton Beach man

BETHESDA HEALTH

FALL 2016

Advanced kidney stone treatments  4  Opening clogged arteries  5  New options for pain-free knees  6
Bethesda Health is proud to partner with The DAISY Foundation to honor the compassionate care of our extraordinary nurses throughout the year. The DAISY Award was established in 1999 in memory of J. Patrick Barnes, who died at age 33 of the autoimmune disease idiopathic thrombocytopenia purpura (ITP). Awestruck by the clinical skills, caring and compassion of the nurses who cared for Patrick, his family created this international award to say “thank you” to nurses everywhere.

Bethesda will present one nurse every month as a DAISY Award recipient, recognized for his or her exemplary care. Co-workers, patients or the families of patients can nominate nurses for this distinguished honor. A volunteer committee of nurses selects the winner each month.

TO LEARN MORE
To nominate someone for this award, pick up a nomination form at Bethesda Hospital East or Bethesda Hospital West, or submit the nomination online at MyBethesdaHealth.com.

FROM THE PRESIDENT

This fall marks an exciting time for Bethesda. First, our transition plans to merge with Baptist Health South Florida are moving forward on schedule. Culminating on Sept. 30, 2017, this merger will ensure that our organizations can improve the health of communities as leading providers of quality medical care. Our organizations have worked diligently to align processes and standards of care to ensure a seamless transition for our patients.

The future of medicine continues to show great promise in our community. Our Center for Medical Education, part of the three-hospital consortium of teaching hospitals in Palm Beach County, welcomed its first class of general surgery residents from the Charles E. Schmidt College of Medicine at Florida Atlantic University. These residents are working with Bethesda’s general and vascular surgeons, who are sharing their expertise with the residents.

Finally, we have expanded our services to the residents of Wellington. Located by the Mall at Wellington Green, we have opened a new Bethesda Health Physician Group practice with Board Certified specialists in internal medicine, family medicine and cardiology. And in November, we will open a new Urgent Care Center, Women’s Center and Imaging Center in Wellington, all in one location.

I trust you will enjoy this issue of Bethesda Life, and thank you for giving us the opportunity to provide you and your family with quality health services from your not-for-profit, community hospital.

Roger L. Kirk
A SALUTE TO BETHESDA'S BEST: FRED W. LOVE, M.D.

Many people have contributed to Bethesda’s growth and success in its 57-year history. However, there are certain individuals whose dedication and commitment go well beyond the usual involvement of a community member. Earlier this year, Bethesda proudly recognized one of those individuals, Fred Love, M.D., for his exceptional service to Bethesda and to the healthcare of our community.

“Dr. Love has been a champion of Bethesda’s doctors and nurses, creating an environment where they can provide the best care for their patients,” said Roger L. Kirk, FACHE, Bethesda Health President and CEO. “We thank him for his tireless dedication to Bethesda. His compassion and vision are a legacy for our community.”

Dr. Love joined Bethesda’s Medical Staff in 1966, following a 20-year commission in the U.S. Public Health Service. As a surgeon, he cared for patients for the next 22 years, retiring from his medical practice in 1988. While still in practice, Dr. Love also began serving in several leadership roles with Bethesda and our community, including serving on the Boards of Gulfstream Hospital Association, Bethesda Health, Bethesda Hospital, Bethesda Hospital Foundation and the Palm Beach County Healthcare District. It was with Dr. Love’s guidance that Bethesda Hospital West opened in 2013. He continued sharing his valuable leadership until retiring from the Bethesda Health Board of Trustees earlier this year.

Located in the Main Lobby at Bethesda Hospital East, Bethesda’s “Wall of Honor” was established in 2015 in memory of William F. Koch, Jr., a community leader and original member of the Bethesda Memorial Hospital, now Bethesda Hospital, Board of Trustees after being an integral part of the hospital’s establishment. In 2015, the late Gertrude “Trudy” Willms was also added to the “Wall of Honor” for her extraordinary dedication as a Bethesda volunteer for nearly 40 years.

Bethesda Health Honored for Lactation Care Services

The International Board of Lactation Consultant Examiners® (IBLCE®) and International Lactation Consultant Association® (ILCA®) have recognized Bethesda Hospital East for excellence in lactation care. Bethesda’s Center for Women and Children has received the IBCLC Care Award in recognition of its staff professionals who hold the prestigious International Board Certified Lactation Consultant® certification (IBCLC®) and provide a lactation program for breastfeeding families. In addition, Bethesda has demonstrated that it has recently completed activities that help protect, promote and support breastfeeding.

IBCLC is the leading internationally recognized lactation certification in the world, and IBCLC certificants are highly skilled in helping mothers with the questions and concerns that can arise. They also serve an important role in the overall maternal and child health team by helping to assure that evidence-based policies and practices are in place that help mothers succeed with breastfeeding.

Bethesda proudly congratulates our Lactation Consultants and staff and thanks them for their efforts toward improving the support of breastfeeding families in our hospital and community.
A STONE’S THROW AWAY

Advanced kidney stone treatments make the grade

The treatment of kidney stones has undergone a major transformation over the last 30 years, giving urologic surgeons new tools to remove them and patients new hope for being pain-free from debilitating stones. Because of the complex anatomy of the kidney, kidney stones are often difficult to find and even harder to treat due to the fact that surgeons have been limited in their ability to reach and remove them.

With the evolution of flexible fiberoptic reusable scopes, the ability to see kidney stones with greater ease came with a price—constant breakages and costly repairs for hospitals. Surgeons also were concerned about safety measures related to improving quality of care for their patients and reducing the risk of contamination.

This spring, Bethesda surgeon Raymond J. Leveillee, M.D. became the first endourologic surgeon in Florida to use the new FDA-approved disposable ureteroscope. Because of the location of the patient’s kidney stones, Dr. Leveillee used the new scope to perform this complex procedure. Dr. Leveillee credits the new disposable scope for being pivotal to the patient’s overall treatment success.

“This new disposable ureteroscope gives us the ability to treat very complicated cases with the highest level of safety,” said Dr. Leveillee, who is past president of the Southeastern Section of the American Urologic Association.

“We have the technology to provide university-level care here at Bethesda to ensure that our patients achieve the highest outcomes in their urologic care.”

That level of safety was critical for 36-year-old Priscilla Ribero. She developed kidney stones during her pregnancy, and was referred to Dr. Leveillee after the birth of her daughter. Twelve years later, she developed kidney stones again during her second pregnancy.

“There was never a question of whom I would trust to take care of my stones,” said Ribero. “He takes the time to explain every aspect of your care, and you know he’s going to take care of you,” she added.

Ribero’s procedure was a complete success; she is kidney-stone-free once again, back at work full-time and spending time with her kids. 2

TO LEARN MORE

To learn more about the advanced procedures available at the Bethesda Center for Advanced Robotics and Urologic Care, please visit MyBethesdaHealth.com or call 561-737-7733, ext. 84405.
TWO GEORGES—
ONE GREAT OUTCOME

Delivering treatment and immediate pain relief for peripheral arterial disease

Longtime engineer George Tyre knows all about helping people find their way around Bethesda Hospital East. As one of Bethesda’s 2,500 employees, he’s been chiefly responsible for hospital signage to direct visitors and employees for more than 25 years. Known for his willingness to help others, Tyre found himself at a crossroads this past spring when a stabbing pain in his leg left him unable to walk.

Tyre was rushed to the Emergency Department, where doctors determined he had a blocked artery in his leg, and if left untreated, it would almost certainly require an amputation.

While he could choose any doctor, Tyre trusted general-vascular surgeon George Mueller, M.D., for the job. As the head of Palm Beach Vascular Institute, Dr. Mueller knew that he could treat Tyre’s peripheral arterial disease (PAD), which is caused by plaque accumulation that inhibits proper blood flow. Left untreated, PAD can lead to severe pain, immobility, non-healing wounds and eventually limb amputation.

Using a thin guide-wire through the groin, Dr. Mueller was able to dissolve the plaque and insert a drug-alluding stent into the artery to allow blood to flow normally through the leg once again. The procedure took about an hour.

When Tyre woke up, he felt remarkably better. The pain in his leg had completely subsided. A week later, Tyre felt well enough to return to work and was back on his ladder with a new lease on life.

“Dr. Mueller saved my life, and he saved my leg,” said Tyre. “I am so grateful to be walking and pain-free. I feel great,” he added.

Dr. Mueller was elated over the success of Tyre’s procedure. “It feels good when you can help one of your own who has helped so many patients and their families in the hospital,” said Dr. Mueller. “This procedure has enabled George to get back to living and doing the things that he enjoys most.”

To learn more about the Palm Beach Vascular Institute, please visit MyBethesdaHealth.com or call 561-737-7733, ext. 84405.

George Tyre, a 25-year employee at Bethesda Hospital East, is back on the job after receiving emergency treatment for PAD.
Retired businessman Roy Bachmann has always been fascinated by medical technology. An avid tennis player, he and his wife, Susan, moved to Highland Beach 20 years ago because Roy wanted to be able to play tennis during the winter months and enjoy his favorite sport year-round. One day while playing tennis, as he was about to serve, he felt a sharp pain in his knee. Looking back, Roy says the pain had been there for several months and had become increasingly worse.

Upon researching medical advancements in knee surgery and the recommendation of a friend who had undergone surgery for a total hip replacement, Roy called Elvis Grandic, M.D., who is one of South Florida’s most renowned orthopaedic surgeons for robotic surgery using the MAKO surgical system from Stryker Orthopaedics. Dr. Grandic determined that Bachmann was a candidate for a MAKO partial knee resurfacing procedure because his osteoarthritis was still in the early stages and had not progressed to all three compartments of his knee.

“Less invasive than traditional total knee surgery, the MAKO allows us to treat patients with knee arthritis earlier, with greater precision and accuracy,” said Dr. Grandic. “Using a CT scan, we can use the robotic arm system to align and position the implants to achieve optimal results at a superior level of accuracy and reproducibility previously unattainable with conventional instrumentation,” he added.

Within six weeks, Bachmann was back on the court, playing tennis three to four times a week. “I can't believe how great it feels to be pain-free,” he said.

Learn more about MAKO procedures at the Bethesda Orthopaedic Institute at BethesdaOrthopaedics.org, or by calling 561-737-7733, ext. 84405. Bethesda Health is Joint Commission certified in Hip and Knee Replacement.
Michael Vincentz, 57, of Boynton Beach, knew something was wrong. He kept falling in the shower and getting what he calls “awful headaches.” As a maintenance engineer for a condominium, he was known for always being able to fix other people’s broken fixtures, but one day he realized he could not fix his aching head.

After coming to the Emergency Department, MRI and CT scans showed a tumor at the base of Vincentz’s skull. He was admitted and seen by neurosurgeon Rishi Sheth, M.D. Because Vincentz’s brain tumor extended into his nasal cavity, Dr. Sheth asked sino-surgeon Alfredo Archilla, M.D., to perform a biopsy of the tumor through the nose. Following the biopsy, the two doctors determined Vincentz’s best bet for survival would be a complete resection of the tumor.

The surgeons decided the dumbbell-shaped tumor had to be removed using a combined anterior-skull-based tumor removal approach. Because of the intricate anatomy of the brain and nasal cavity, Dr. Sheth and Dr. Archilla used image-guided CT and MRI to reach the tumor from opposite directions—from the top of the brain and through the nostrils, meeting in the middle of Vincentz’s tumor.

“The tumor invaded the brain, involving both lobes,” said Dr. Sheth, who has a dual Fellowship in spine and oncology. “The tumor was meticulously separated from the brain so as not to injure the lobes and leave him with deficits. Major arteries that had adhered themselves to the tumor had to be separated. In the end, we were able to remove the whole tumor without harming the brain.”

“We were able to remove all of the tumor, and avoid herniation of the brain and leakage of sinus (CSF) fluids,” said Dr. Archilla, who was Fellowship-trained in sino-surgery at Vanderbilt University. “While Dr. Sheth reconstructed the covering of the brain and roof of the skull, I reconstructed the floor of the skull that supports the brain,” he added.

“This was a successful surgery that went exactly as planned, with no complications,” said Dr. Sheth. “When all the technology and expertise to handle complex surgeries is right here in your community hospital, there is no need to send your patients elsewhere,” he added.

After five days in the hospital, Vincentz recovered at home. He went back to work full-time four weeks later, balancing a regimen of radiation and chemotherapy. “I feel like I really beat the odds,” says Vincentz. “Dr. Sheth and Dr. Archilla saved my life.”
Bethesda Health expands services in the Wellington community

In November, Bethesda will celebrate the opening of several outpatient services: an urgent care center, a women’s health diagnostic center and an outpatient imaging center—all in one convenient location. The high-quality care that Bethesda Health is known for is now even closer to home for the residents of the Wellington and Royal Palm Beach areas.

URGENT CARE WHEN YOU NEED IT MOST—OPENING IN NOVEMBER

- Hours: 10 a.m. to 10 p.m., seven days a week.

Coming next month, Bethesda Health will open its new, state-of-the-art Urgent Care Center. Providing care for everyone from babies to seniors, the Center offers care for a comprehensive array of medical conditions, including cuts, sprains, fractures and illnesses, such as cold, flu or rash. Also located within Bethesda’s Urgent Care Center are state-of-the-art imaging and laboratory services, allowing patients to be
diagnosed and treated faster and more conveniently. If more extensive or follow-up treatment is needed, Bethesda Health Urgent Care is part of Bethesda Health, which has two not-for-profit hospitals that provide the area’s most comprehensive array of services.

WOMEN’S HEALTH CENTER IN WELLINGTON OPENING IN NOVEMBER

- Hours: 9 a.m. to 5 p.m., Monday to Friday
An extension of Bethesda Women’s Health Center in Boynton Beach, Bethesda’s new Women’s Center in Wellington will offer state-of-the-art digital mammography, including breast tomosynthesis (3-D mammography), breast ultrasound imaging and bone-density testing. Dedicated to providing a caring and comfortable experience, Bethesda Women’s Health also offers a genetic testing program to help patients better understand their individual risk.

NEW IMAGING CENTER WELCOMES WALK-IN PATIENTS

- Hours: 9 a.m. to 5 p.m., Monday to Friday
Next door to Bethesda’s Urgent Care Center, the Outpatient Imaging Center offers high-quality X-ray and CT (computed tomography) services. The Center accepts imaging orders from all area physicians. Walk-in patients are welcome with a prescription from their doctor.

The Plaza at Wellington Green
2465 State Road 7, Suite 800, Wellington, FL 33414
BethesdaHealthPhysicianGroup.com

PRIMAR Y CARE
Andrew L. Savin, M.D., Internal Medicine 561-793-4489
Joseph Jose, M.D., Internal Medicine 561-784-4930
Gincy L. Kandankulam, M.D., Family Medicine 561-784-4930

CARDIOLOGY
Rachel S. Eidelman, M.D. 561-244-7720
Christina Michael, M.D. 561-244-7720
The Bethesda Health Physician Group is here for you

The Bethesda Health Physician Group is a premier physician group providing quality care for your family. Our team of Board Certified physicians in a range of specialties can provide the personalized, quality healthcare you expect from your community hospital.

For more information about any of the physicians listed here, visit BethesdaHealthPhysicianGroup.com, or call toll-free at 855-257-DOCS (3627).

### Cardiology

**Rachel S. Eidelman, M.D.**
- 10301 Hagen Ranch Rd., Suite B5
  - Boynton Beach, FL 33437
- 2465 State Rd. 7, Suite 800,
  - Wellington, FL 33414
- 561-244-7720

**Christina Michael, M.D.**
- 10301 Hagen Ranch Rd., Suite B5
  - Boynton Beach, FL 33437
- 2465 State Rd. 7, Suite 800,
  - Wellington, FL 33414
- 561-244-7720

### Cardiotoracic Surgery

**Juan D. Montoya, M.D.**
- Bethesda Heart Hospital
  - 2815 S. Seacrest Blvd.
  - Boynton Beach, FL 33435
- 561-374-5720

### General/Vascular Surgery

**Jesus G. Jimenez, M.D.**
- 2800 South Seacrest Boulevard,
  - Suite 200, Boynton Beach, FL 33435
- 9868 State Rd. 7, Suite 310
  - Boynton Beach, FL 33472
- 561-736-8200

**Miguel A. Lopez-Viego, M.D.**
- 2800 South Seacrest Boulevard,
  - Suite 200, Boynton Beach, FL 33435
- 9868 State Rd. 7, Suite 310
  - Boynton Beach, FL 33472
- 561-736-8200

**George L. Mueller, M.D.**
- 2800 South Seacrest Boulevard,
  - Suite 200, Boynton Beach, FL 33435
- 561-736-8200

**Reagan L. Ross, M.D.**
- 2800 South Seacrest Boulevard,
  - Suite 200, Boynton Beach, FL 33435
- 9868 State Rd. 7, Suite 310
  - Boynton Beach, FL 33472
- 561-736-8200

**TO LEARN MORE**

Find a doctor with Bethesda’s FREE Physician Referral Service, Monday–Friday, 8:30 a.m. to 4:30 p.m., 561-737-7733, ext. 84499. Or, select “Meet our Physicians” at MyBethesdaHealth.com.
Dr. Kandankulam and her family recently relocated to Boynton Beach from Ohio, where she has been practicing medicine for the past five years. A native of Westchester, New York, Dr. Kandankulam began her education at the University of Debrecen Medical and Sciences Health Centre in Hungary before earning her medical degree from Slaska Akademia Medyczna Katowice in Poland. She continued her training with the Ellis Family Practice Residency Program in Schenectady, New York, providing inpatient and outpatient care for all ages.

After her training, Dr. Kandankulam worked as a solo practitioner in North Jackson, Ohio, where she cared for a broad spectrum of patients from newborns to the elderly. In addition to general primary care of acute and chronic illnesses, her experience includes gynecologic care, mental health care and performing minor procedures.

Dr. Kandankulam is married with three children—two young boys and a beautiful baby girl. In addition to spending time with her family, she is an outdoor enthusiast with an adventurous spirit and enjoys activities such as traveling, photography, rock climbing and skydiving!
Although the past summer may have been a time for rest, relaxation, vacations or just general down time, the Bethesda Hospital Foundation has continued to move ahead with an ambitious campaign to support the Graduate Medical Education Program and the funding for the Center for Medical Education. This Center will house the program and offer multiple advantages to the resident physicians who train and practice at Bethesda Hospital.

This Center and the physicians who will eventually be teaching, practicing and supporting our community healthcare needs are more important to you than you might realize. Do you sometimes have to travel a long distance to find the specialist you or your family members need? Our goal is to have them on staff here at Bethesda. Do you need a second opinion or consultation and don’t know where to turn? Our goal is to provide this community with a full-service medical program that will have what you need in your community.

In the same way that Johns Hopkins and Mayo Clinic started, we need the vision and commitment for this project. Our vision came to us through community generosity = quality healthcare.

WAYS OF GIVING

Donations to Bethesda Hospital Foundation qualify for a charitable tax deduction to the full extent of the law because Bethesda Hospital Foundation is an IRS code 501(c)(3) tax-exempt, non-profit, charitable organization with Federal Tax Exempt ID Number 59-6137805 and state of Florida Registration Number CH2817.

By check: Make out a check to the Bethesda Hospital Foundation.

By Credit Card: Visa, MasterCard, American Express, and Discover accepted.

Donate Online: bethesdahospitalfoundation.org

By Wire Transfer: Please call 561-737-7733, ext. 85448, for wire transfer instructions.

By Stocks: Transfer stocks or other securities as a gift to the Bethesda Foundation by directing your broker to call 561-276-1680, use DTC code 5198 for deposit into account # 731-04001. If the stocks have appreciated in value, there are two advantages to this option: avoid paying capital gains taxes and receive charitable tax deduction credit for the full market value on the date you donated it.

By Matching Gifts: Your donation could be doubled or possibly even tripled thanks to many employers’ matching gift programs. Approximately half of all Fortune 500 companies have matching gift programs, and many companies also match gifts of retirees and spouses. Simply contact your employer’s HR department or provide Bethesda with your employer’s name and we will find out if a match is offered.

By Life Insurance: Donate a policy with coverage you or your family no longer need by changing the policy’s beneficiary to Bethesda Hospital Foundation. Make Bethesda both beneficiary and policy owner and you can take a charitable tax deduction now on the policy’s market value or cost basis, and your premium payments will be tax-deductible, too.

By IRA (Individual Retirement Account): Two ways to give through your IRA, “Now” or “Later.”

Now: Instruct your IRA company to send funds directly to a qualified charity like Bethesda. Do you need a second opinion or consultation and don’t know where to turn? Our goal is to provide this community with a full-service medical program that will have what you need in your community.

In the same way that Johns Hopkins and Mayo Clinic started, we need the vision and commitment for this project. Our vision came to us through
Bethesda Hospital Foundation as a donation. This is called a QCD (“Qualified Charitable Distribution”) or an “IRA charitable rollover.” You don't have to declare that donated IRA QCD as part of your taxable income, but it still “counts” towards the IRA distributions you're required to take at age 70½ or older. You can donate up to $100,000. While you don’t have to pay income taxes on the QCD, it does not qualify for a charitable tax deduction, either.

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Baltimore Hospital Foundations uses as a guideline the rates set by the American Council on Gift Annuities (AGCA) acga-web.org.

Later: If you leave your IRA to an individual, both estate taxes and income taxes will apply. If you name a charity like Bethesda Hospital Foundation as a partial beneficiary, that lowers the amount of estate and income taxes.

By Bequest in a Will or Trust: Name Bethesda as full beneficiary and your estate’s taxable value is lowered, too.

By Gift Annuity: Receive income for life at a secure guaranteed competitive rate by donating cash or stocks to fund a gift annuity. When you pass, what’s left in the annuity goes to Bethesda’s charitable needs. The minimum gift to start a gift annuity is $10,000. □

Interesting facts:

- The Association of American Medical Colleges (AAMC) predicts a national deficit of 159,000 physicians by 2025.
- Florida is predicted to have a shortage of 7,000 physicians by 2025.
- Among states nationwide, Florida ranks near the bottom in the number of residency training slots relative to its population.
- To resolve the predicted shortage, Florida would need to create about 1,360 new residency slots a year for the next 10 years.
- Florida is losing two-thirds of its medical school graduates to out-of-state residency programs.

It has been five years since Bethesda Health partnered with Florida Atlantic University’s Charles E. Schmidt College of Medicine and the consortium of Palm Beach County hospitals for our Graduate Medical Education (GME) program. We are training excellent physicians to address the projected shortage of physicians in Palm Beach County.

In 2016, Bethesda welcomed its third class of 36 internal medicine residents and its first class of surgical residents. These new physicians are receiving quality training while working alongside Bethesda’s physicians. Additional specialties will be added in the coming years, including emergency medicine residents in the summer of 2018.

To support this valuable program, the Bethesda Hospital Foundation has launched a $50 million campaign for the Bethesda Center for Medical Education for the construction of a facility and for the establishment of faculty with endowed chairs. This state-of-the-art facility will be built at Bethesda Hospital East to house all the components of the GME program, supporting the training of these young physicians to be the quality doctors that will one day provide care to you and your family.

To reach this goal, we need the support of our community—you can make a difference in the future of healthcare in Palm Beach County!

BUILDING FOR THE FUTURE OF MEDICINE

our CEO, Roger Kirk, and one of our leading surgeons, Miguel Lopez-Viego, M.D. Working with the leadership of Bethesda Health and Florida Atlantic University, we can train residents, select those residents who show unique talent in their medical specialty, and build a program that provides a growing support system for medical care for our families now and will continue to do so for years to come.

Our vision will only become reality through your support.
UPCOMING SPECIAL EVENTS

PRO-AM TOURNAMENT

Play with Beth Daniel and Meg Mallon and other LPGA and PGA GREATS at the only PRO-AM in South Florida! Stay tuned for the date, which will be determined in accordance with the PGA and LPGA tours. The tournament will be held at Pine Tree Golf Club and is hailed as one of the best by the many golfers who join us year after year.

4TH ANNUAL JEWELS & JEANS

February 4, 2017, at Bethesda Hospital West

Join us in your jeans, western wear and jewels for a laid-back and fun night. Hosted by Chairwoman Marie Bedner, guests enjoy dinner and dancing and a live auction hosted by Sheriff Ric Bradshaw.

Left to right: Bettina Young, Roger Kirk, Brenda Medore and Richard Machek

62ND ANNUAL BETHESDA BALL

Saturday, March 4, 2017, at The Breakers Palm Beach

As one of the oldest Galas in Palm Beach County, the Bethesda Ball is the highlight of the social season. Do not miss the Ball that everyone will be talking about!

17TH ANNUAL WOMEN OF GRACE LUNCHEON

If you are interested in attending the Women of Grace Luncheon on Thursday, November 10, 2016, at Mar-a-Lago Club in Palm Beach, purchase your tickets early. This beautiful luncheon sells out every year and is noted as one of the must-attend events of the social season.

Join Chairwoman Nicole Pasqual as we recognize women volunteers in our community for their selfless acts of kindness and service toward others. Presented by Northern Trust, all proceeds from the luncheon will benefit Bethesda’s Center for Women and Children.

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A LOOK BACK: BETHESDA HOSPITAL FOUNDATION’S 61ST ANNUAL BETHESDA BALL

Nearly 400 guests celebrated the 61st Annual Bethesda Ball on Saturday, March 5, at The Breakers Palm Beach. Guests stepped back in time to the event’s theme, “Palm Beach Revisited.” The Frank Derrick Orchestra played hits from the Big Band era as the doors to the Venetian Ballroom were dramatically popped open by staff at The Breakers. After dinner and a brief program, guests danced until midnight while South Florida’s favorite dance band, Solid Gold, played a variety of hits.

As one of the oldest galas in Palm Beach County, the event was hosted by Chairmen Nicole and Bob Mugavero. Dr. Miguel Lopez-Viego and his wife Rosie served as the Honorary Chairmen.

Longtime supporter of Bethesda Health and Delray Beach resident Frank McKinney led a lively “Bid from the Heart” that prompted guests to raise their paddles and pledge $324,500 in less than 10 minutes. Proceeds from this year’s Ball benefited Bethesda’s Center for Medical Education. Bethesda Health is honored to be part of a consortium of Palm Beach County hospitals selected to partner with Florida Atlantic University’s Charles E. Schmidt College of Medicine Graduate Medical Education program.

Proceeds, including sponsorships, topped $550,000. Sponsors included: Mary and Peter Blum, Kore Capital, The Kosinski Foundation, Dr. & Mrs. George Mueller, Schumacher Clinical, The Oechsle Foundation, Electric Connection, Northern Trust, NuVista Living, Ascent Medical Group, Fred R. Marcon, Becky and Mark Walsh and many more.

EMMY AWARD WINNER LEEZA GIBBONS AT BETHESDA HOSPITAL WEST WOMEN’S WELLNESS LUNCHEON

More than 300 guests attended the Women’s Wellness Luncheon presented by NuVista Living at Bethesda Hospital West on September 27. Emmy Award winner, best-selling author and 2015 winner of The Celebrity Apprentice Leeza Gibbons gave the keynote speech and spoke about wellness, balancing a career and family, as well as caring for her late mother who suffered from Alzheimer’s. Leeza also shared anecdotes from her career in the entertainment industry, as well as interviewing and working with celebrities.

Prior to the luncheon, guests attended a Health and Wellness Expo to learn more about the services at Bethesda Health and to speak with physicians and their staff about health concerns.

Our special thanks to the Luncheon’s title sponsor, NuVista Living, and all the physicians and staff for helping to make this event a fantastic success. The proceeds from the Women’s Wellness Luncheon will benefit the Bethesda Women’s Health Center.
## COMMUNITY LECTURES

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<td>6</td>
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<td>4:30 p.m.</td>
<td>Anterior Hip Replacement</td>
<td>John L. Wang, M.D.</td>
<td>Bethesda Hospital East</td>
<td>Please call 561-731-CARE (2273) or visit <a href="http://www.MyBethesdaHealth.com">www.MyBethesdaHealth.com</a> to register. For more information, call 561-737-7733, ext. 84405.</td>
</tr>
<tr>
<td>17</td>
<td>Monday</td>
<td>4 p.m.</td>
<td>Diabetes: What's the Hubbub About?</td>
<td>Andrew L. Savin, M.D.</td>
<td>Bethesda Hospital West</td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>Tuesday</td>
<td>4 p.m.</td>
<td>What's New in the Treatment of A-fib</td>
<td>Mark A. Freher, M.D.</td>
<td>Bethesda Hospital West</td>
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<tr>
<td>27</td>
<td>Thursday</td>
<td>4:30 p.m.</td>
<td>SuperPATH: The Latest in Hip Replacement</td>
<td>Elvis Grandic, M.D.</td>
<td>Bethesda Hospital West</td>
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<tr>
<td><strong>NOVEMBER</strong></td>
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<tr>
<td>10</td>
<td>Thursday</td>
<td>3 p.m.</td>
<td>Pelvic Floor Disorders in Women</td>
<td>Harish Madhav, M.D.</td>
<td>Bethesda Hospital West</td>
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</tr>
<tr>
<td>14</td>
<td>Monday</td>
<td>4:30 p.m.</td>
<td>Advances in Shoulder Replacement</td>
<td>Charlton E. Stucken, M.D.</td>
<td>Bethesda Hospital East</td>
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<tr>
<td>15</td>
<td>Tuesday</td>
<td>2 p.m.</td>
<td>Healing My Wound: Hyperbaric Oxygen Therapy and the Wound Care Specialist</td>
<td>Alan A. MacGill, D.P.M.</td>
<td>Bethesda Hospital West</td>
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<tr>
<td>30</td>
<td>Wednesday</td>
<td>4:30 p.m.</td>
<td>Robotic Knee Replacement</td>
<td>Elvis Grandic, M.D.</td>
<td>Bethesda Hospital East</td>
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<tr>
<td><strong>DECEMBER</strong></td>
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<tr>
<td>1</td>
<td>Thursday</td>
<td>4:30 p.m.</td>
<td>SuperPATH: The Latest in Hip Replacement</td>
<td>Elvis Grandic, M.D.</td>
<td>Bethesda Hospital West</td>
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<tr>
<td>6</td>
<td>Tuesday</td>
<td>4:30 p.m.</td>
<td>Heart Murmur: Diagnosis and Treatment in the 21st Century</td>
<td>George K. Daniel, M.D.</td>
<td>Bethesda Hospital West</td>
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<tr>
<td>15</td>
<td>Thursday</td>
<td>4:30 p.m.</td>
<td>Shoulder Pain: Rotator Cuff Tears and Arthritis</td>
<td>Michael A. Cohn, M.D.</td>
<td>Bethesda Hospital East</td>
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</tr>
</tbody>
</table>

### ADDRESSES

- Bethesda Hospital East
  - Clayton Conference Center
  - 2815 S. Seacrest Blvd.
  - Boynton Beach

- Bethesda Hospital West
  - Education Classroom
  - 9655 W. Boynton Beach Blvd.
  - Boynton Beach

### COMMUNITY LECTURES

**PUT YOUR PINK IN ACTION**

Make October count by getting your annual mammogram during Breast Cancer Awareness Month. Early detection saves lives. Call today for an appointment at Bethesda Women’s Health Center: **561-374-5700**. Proud partner with Susan G. Komen South Florida.