



As always, we encourage you to contact us with any feedback that you may have regarding our service. You can direct your comments to:

Ron Radcliffe, Vice-President of  
Community Care Services

800 Northpoint Parkway  
Ste. 101-B  
West Palm Beach, FL 33407  
Phone: 561-683-2700  
Fax: 561-683-7600  
E-mail: rradcliffe@alzcare.org

We place a safety net around  
patients and caregivers  
every day.™

**We're on the  
Web!**

[www.alzcare.org](http://www.alzcare.org)

Find us on  
Facebook [http://  
www.facebook.c  
om/alzcareorg](http://www.facebook.com/alzcareorg) &

Join us on  
Twitter

## **Creative Corner** **(Activities to do with loved ones at home)**

June is the beginning of summer and lots of sunshine.  
This month's activities all involve sunshine.

### **Sunshine Bars**

18.25 oz box of yellow cake mix  
3 eggs  
1 stick (1/2 cup) margarine, softened  
8 oz package cream cheese, softened  
1 lb box powdered sugar

1. Preheat oven to 350°
2. Combine cake mix, one egg and margarine. Pack mixture into a greased 9" x 13" sized pan.
3. Mix the 2 eggs, cream cheese and powdered sugar.
4. Pour on top of packed cake in the pan.
5. Bake for 40 minutes or until brown on top
6. Cut when cooled.

Yield: 24 bars

### **Sunshine Smoothies**

2 bananas mashed  
6 strawberries, quartered  
1/4 cup orange juice  
1 cup vanilla ice cream or frozen yogurt

Combine all the ingredients in a blender and blend until smooth. (For large groups, increase portions equally.)  
Yield: Four to Six - 6 oz servings.

### **Sunshine Word Game**

On a piece of paper write the letters S-U-N-S-H-I-N-E. Under each letter ask the patient to come up with words that start with that letter. For example, "S" could have words such as sand, surf and sea. As each word is thought of discuss what each word means to the patient.

**Ideas taken from the June 2011 issue of  
Creative Forecasting**